

A close-up photograph showing two pairs of hands gently holding a newborn baby's feet. The baby's feet are small and pink, with visible toes. The hands are of different skin tones, suggesting a diverse group of people. The background is blurred, focusing attention on the hands and feet.

Women's Health Care at Tafuna DOH, American Samoa

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Communities and countries and ultimately
the world are only as strong as the health
of their women

”

Michelle Obama



American Samoa

- Unincorporated Territory of the United States
- Located in the south central Pacific Ocean
- Capital is Pago Pago and this is in Tutuila which is the largest island in American Samoa.
- Has a population of 49,000 +
- 49% Female population

HEALTH CARE

- ▣ Primary Care Services/Public Health-DOH
- ▣ Tertiary Care-LBJ Hospital



Department of Health

- Primary Care Services
- Dental Services
- Well Baby Clinics
- Behavioral Health
- BCCP/STI/CD and other programs
- **Women's Health Clinic**
- Pharmacy and Lab Services



Tafuna Clinic

Department of Health

- Main Clinic is in Tafuna
- Two other Clinics–Leone and Amouli Clinic
- Two Island Clinics



Leone Clinic

Women's Health Clinic

- ▣ Prenatal services
- ▣ Basic Gynaecology Services
- ▣ Post partum Clinic
- ▣ Breast & Cervical Cancer Program(BCCP)



Prenatal Services

- Registration & booking clinic
- Follow up clinics
- High risk cases are referred to LBJ Hospital
- Pregnant women are seen at our clinic until 37weeks

Prenatal Services

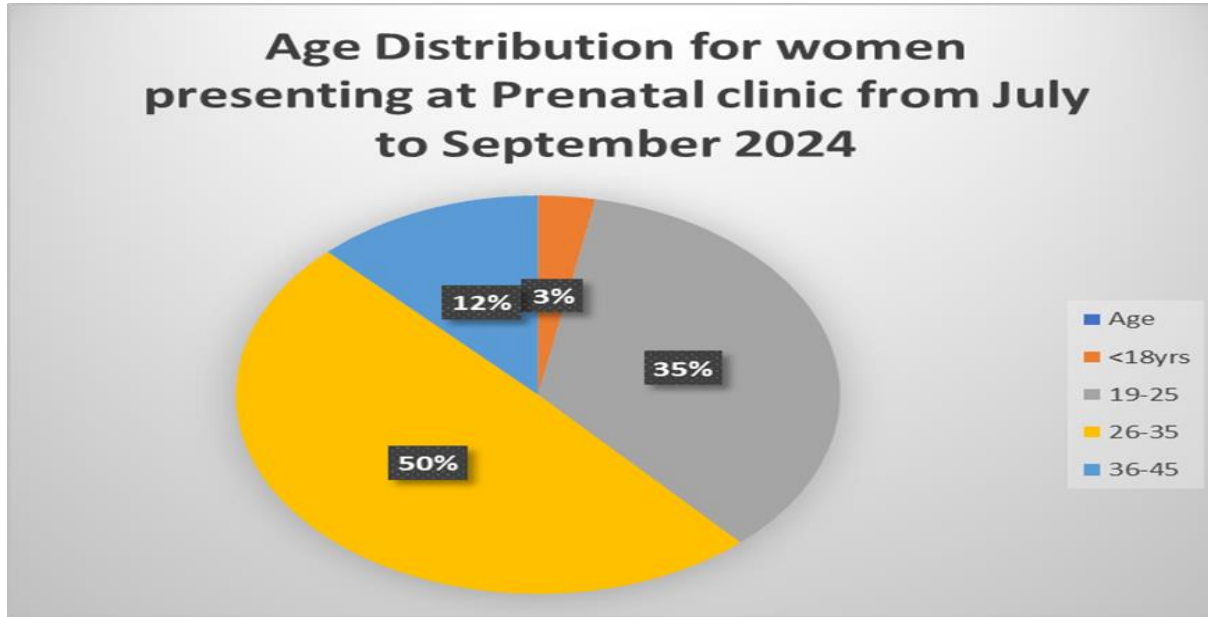
Referral for Comorbid conditions

- Behavioral Health Services–Substance abuse/Mental Health
- Tobacco Cessation Program
- Dental Assessments
- Nutrition Assessments
- Family Planning services–LBJ
- Breastfeeding Counsellors

Audit of Prenatal Cases seen at Prenatal Tafuna Clinic from July to September 2024

- No Baseline data
- Retrospective audit within the Department
- Looked at First visit of pregnant women
- Filtered out return visits to avoid duplication
- 261 pregnant women were seen during their first visit for the last three months

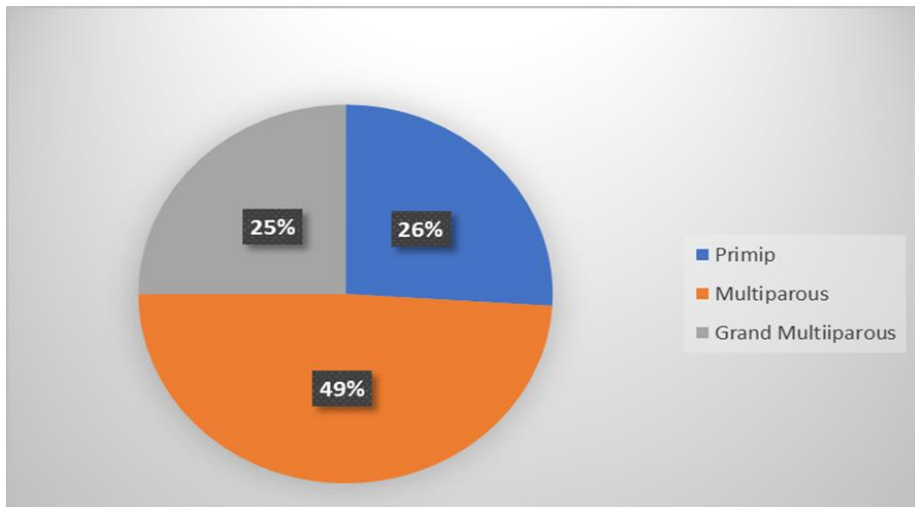
Age



- About three percent of the women seen during the 3 months accounted for teenage pregnancies

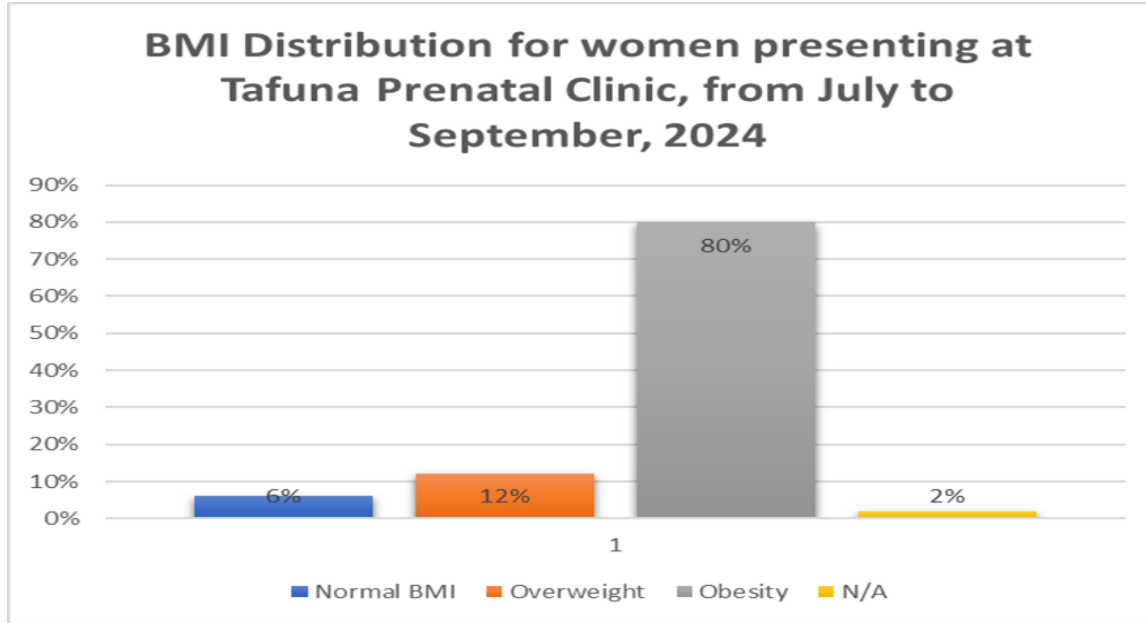
Parity

Parity Chart for Women presenting for First Visit at Tafuna Prenatal Clinic from July to September, 2024



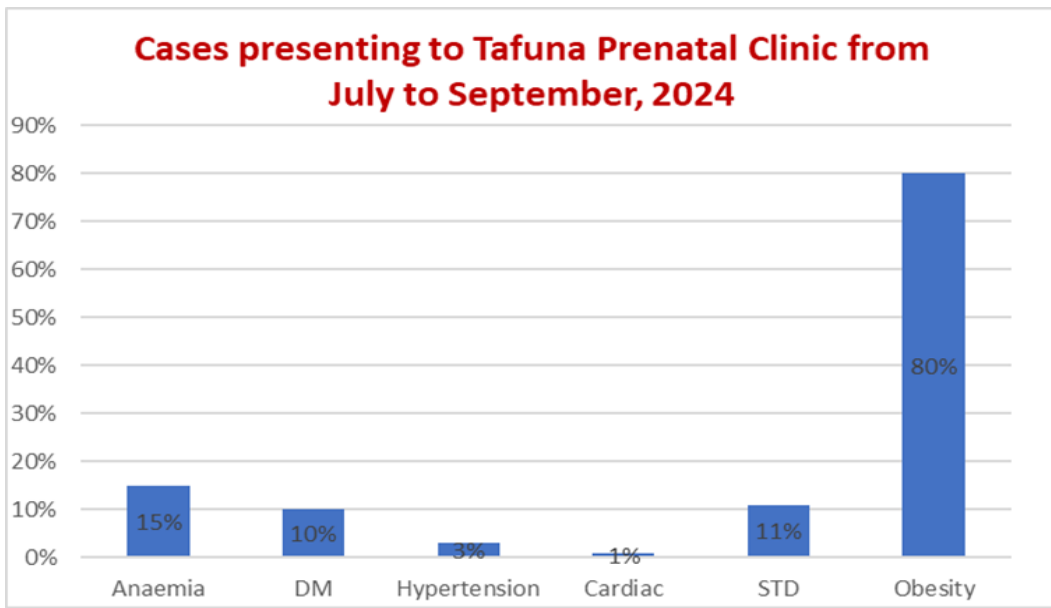
Majority of women are multiparous.
Twenty five percent are Grand multiparous.

BMI



- Eighty percent of the women presenting during this period are obese.

Cases



- About 80% of our prenatal women are Obese.
- 15% are Anaemic and about 10 percent have Diabetes in pregnancy

Conclusion

- Eighty percent of women presenting during this time period are obese. Obesity leads to increase risk of complications in pregnancy
- Diabetes in pregnancy make up about 10 percent of patients.
- About 15 percent of the pregnant women are anaemic at first visit.
- Majority of women are multiparous and therefore the need of access to family planning services to prevent unintended or unplanned pregnancies

Recommendation

- Retrospective data for one–two years to achieve a baseline
- Referral System to manage comorbid conditions
- Improve access to Family Planning
- Awareness programs for Obesity, Diabetes & Hypertension and its complications
- Awareness programs for STI
- Encourage early booking to screen for medical conditions in pregnancy and refer as required.

Women's Health Clinic Team

ASDOH



Medical Team



Dr. Adriano Luz, MD

TAFUNA CHC



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BCCP



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Fa'afetai Lava

